Wool garments and textiles are naturally odour resistant due to the fibre’s unique properties. Wool fibres can absorb large quantities of water vapour – twice as much as cotton and thirty times as much as polyester – helping to keep the skin drier and prevent the build-up of sweat, bacteria and unpleasant smells. The unique chemical structure of wool also enables it to absorb and lock away odours which may develop, and only release them on washing.
WOOL NATURALLY RESISTS BODY ODOUR

Wool has a number of unique moisture management properties that allow it to minimise the effects of body odour:

1. Wool is a hygroscopic fibre, meaning it readily absorbs moisture – up to 35 per cent of its own weight – keeping the skin surface drier and discouraging bacterial growth.

2. Wool absorbs and locks away odours during wear. The wool fibre actively binds odours within the fibre where bacteria do not thrive. As a result, the garment remains fresh for much longer.

3. These odours are then significantly released by wool garments when laundered, with wool garments retaining less odour than cotton and synthetics after washing.

Odour-wearer trials conducted by the CSIRO (see Figure 1) show that Merino wool socks were preferred for both lack of odour after wearing, and also for lack of odour after washing, especially when compared to synthetic socks.

Athletes such as mountaineers, who wear clothing for long periods without washing, report less odour build up with wool apparel than with synthetics. Merino wool’s properties make it ideal for next-to-skin items such as underwear, base-layers, socks or T-shirts. Wool is suited for sports and travel as it can be worn multiple times without laundering and stays fresher for longer.

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Figure 1: Odour-wearer trials studying sock performance in activewear.
WEARING WOOL MEANS LESS SWEAT AND LESS BODY ODOUR

Perspiring is a natural way the human body regulates its temperature, especially in response to hot conditions or strenuous exercise. During exercise, our bodies can release one to two litres of moisture per hour. However, high levels of perspiration lead to liquid sweat which is the driver of body odour.

Sweat itself has no odour, but if it remains on the skin, the humid environment is perfect for bacterial growth, leading to body odour. Wool’s natural breathability helps defer the onset of liquid sweating, which keeps the skin drier. Less breathable fabrics such as many synthetics will cause the wearer’s skin to become moist, encouraging bacterial growth and odour development.

WOOL KEEPS YOU FRESHER FOR LONGER COMPARED TO APPAREL MADE FROM OTHER FIBRES

Wool fabrics are less odorous after wear than fabrics made from other natural or man-made fibres, such as cotton and polyester. Research has shown that high levels of odours persist in unwashed polyester clothes, but odour levels remain low in unwashed wool clothes. One New Zealand study which involved 13 skilled olfactory (smell) assessors found that wool fabrics on average retained 66 per cent less body odour intensity than polyester fabrics and 28 per cent less than cotton fabrics.

Figure 2: Mean results for odour intensity ratings from a panel of 13 assessors for fabrics stored for different times.
WOOL IS NATURALLY ODOUR RESISTANT

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